

Law of Attraction, Switchwords, EFT, etc., Talkcast Testimonials

Join live Talkcasts most Saturdays at 10:30 a.m. Eastern (US) Time.

Listen to Talkcast archives anytime: <http://www.talkshoe.com/tc/72933>

<http://tech.groups.yahoo.com/group/switchwordsgroup/message/18617>

April 3, 2010

Hi Kat,

Will miss your talkcast this morning. Although have been able to listen to past talkcasts and been INSPIRED. Received SWITCHWORDS by Shunyam Nirav , yesterday. How wonderful. Working on making decisions and not committing to life changes without knowing all aspects, internalizing inability to decide. Belief in SWITCH (ing) energy to a higher vibration, believing it is really possible and accepting all the good.

A few weeks ago you read an email on talkcast regarding the use of REACH and candles. I made an experiment for myself and REACH came to the rescue. Blessings to you.

ELATE,
Marianne

November 5, 2009

Hello Kat,

Just writing to share that I am very pleased with my acquisition of the EF vial.

I have mostly been working with the "Descriptions EF Filenames" pdf. That is the one I found most user friendly. I also have been putting into practice some of the magnificent tips that you share in your Talkcasts --I download shows to listen to everyday while commuting.

So far, the most noticeable result is more peace of mind and more joy. And, for some reason it feels that my clothes fit looser. Now, I have been running the Weight Issues file and VBI but my diet habits have not changed much and I have not started exercising yet either...so, what gives?

Kat, I have to tell you that I have been using some of the VBIs with great results--I love Tired Feet, it gives me results

every time--and some Sanjeevinis as well. My next product that I get from you is the Sanjeevini Ease program.

Did I hear you say on a show that all the EF files can be run under Passive Modifications? What's the best way to do it? I did not quite get it.

Lastly, would you explain how the Energy Consultation blocks work?

WITH DIVINE THANKS,

EV

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October 3, 2009

Hi ya Kat,

What an awesome talkcast yesterday! (Episode 89)

Hey gotta share with you...last night I was looking for something that I literally tore my bedroom apart looking for with not luck.

I stopped, chanted Restore crystal reach 3 times, went back to my original spot I thought it was and did not see it...POOF there it was! I laughed so hard girl.

Something interesting has started to occur when I chant "Trust"

The only way to describe it is, I am charged with an intense energy that fills like I have recharged all my energy fields to align together as one and connect with my Higher Being instantaneously then settles in my heart chakra. Like the physical side of me surrenders to a source side of me and Trust all is well.

So ok...I did an experiment this morning taking it another route said Together Divine Trust. Now with this string the energy was center around heart and solar plexus chakra only. And it wasn't as intense as just chanting Trust alone. Seems when I add "Trust" to another switchword it produces energy charge in different areas of the body. At least for me. Interesting Huh?

Ok gotta get to my morning meditations. Have a wonderful wonderful Sunday.

All my love,

~Des~

July 8, 2009

<http://tech.groups.yahoo.com/group/switchwordsgroup/message/15051>

Hello all,

I wanted to share an experience I had last week helping a friend who was in a lot of pain from carpal tunnel that travel up to his shoulder at this point. I used energy circles, and switchwords as an antidote to the underlying emotions that could be the reason for the dis-comfort from the book "Feelings buried alive never die" that Kat spoke about during one of her Saturday morning talkcast.

He did not know I was aware of his dis-comfort as the information was given to me by a mutual friend who called me and asked to do distant healing for him. Before I called him, I set everything in motion. I was guided to do two different energy circles. One pink with Ho'oponopono prayer inside it and switch phrases that had to do with invoking love. The second a green circle with the following switch phrases for Carpal Tunnel:

Feeling that life isn't fair - "Restore-forever-forgive-magnimity"

Inability to claim ones own power - "Divine-crystal-horse-take"

Feeling justice is never servered in your behalf - "Judge-Divine-forgive-restore"

And I also used the 5-C's Contain, cancel, clear, concede, confess.

I also placed the gemstones rose quartz and my new Lurmerian Seed Quartz Crystals in both circles.

Later I remembered Kat had spoked about switchwords that generate the same vibration of certain gemstones but oh well. LOL

(Made a mental note to find that and put it my trusty Switch words for healing notebook)

Now the incredible thing is before I could call him, he called me and all I said upon answering the phone was "Can you feel it?"

He replied I knew it was you!!!! He could feel the energy immediately and actually move his arm with less pain. Now both friends are very eager to learn switchwords, energy circles and both plan on purchasing the book Feelings buried alive never die. They asked me to do an actual class on switchwords and enrgy circles like tomorrow but I already have workshop schedule. I shall in the future. I have witness more times than I can tell you how successful switchwords are as an wonderful addition to the healing sessions I do. Kat, Rhoda, everyone from the talkcast that contributes and to those of you here in the group I thank you for all your contributions. As the words of my son and his friends "Switchwords Rock"!!!!

~Des~

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July 7, 2009

Hi Kat:

Here I am a couple of weeks late, but I was sidetracked and now want to pass on some praise for the EF Vial I purchased for my husband, who's been having some anxiety issues. He had to travel cross-country for a two-day ten-hour job interview with about a dozen people, something that would make most people nervous, but, as the time for his trip grew closer was really increasing his anxiety. I created four "My Own Files" listing any files that caught my eye, had him read over the lists and then run each of the four files. He said it really helped him and was happy to have the vial. Off he (and his vial) went on his trip and he thinks he did really well. We're counting it as a big success whether he's offered the job or not (but an offer would be great).

I also have to thank you for the talkcasts (<http://www.talkshoe.com/tc/72933>) since I've really learned a lot of helpful information that we used in addition to the vial – energy circles, switchwords and Sanjiveeni water. He always brings several printed copies of his resume with him to interviews and I inserted switchwords that pertained to each section with a white font – we'll see how that works. I'll only do this for printed copies, however.

Thank you for everything,

MM

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10/28/08

I just had the most wonderful day and I have to attribute it to what I heard on this last talkcast, which I listened to last night. I followed the suggestion to write the things I was grateful for yesterday in a circle and read it before going to sleep along with the switchwords for waking up refreshed and energized.

I am so amazed at how wonderful I felt this morning and all day! Not over-energized or buzzed at all; the energy just kept flowing so smoothly all day. I was out most of the day, which is unusual for me, including a drive to Asheville, which is about a 2 hour drive, and normally I would have returned home feeling really wiped out. Not a bit of that today! I feel relaxed and completely centered.

Not only that, but I kept running the Joy, Love, Gratitude, Friendship and Peace file throughout the day. I felt so light and peaceful and happy all day and even more amazing was how people responded to me -- I have never had so many strangers respond in such a nice, friendly, happy way. It was absolutely amazing. What a wonderful way to live!

THANKS SO MUCH, KAT, for the talkcast and your generous sharing and wisdom and knowledge.

I am astounded. . .
and happily so,

Kiran

8/17/08

Re: Talkcast Summary, Episode 35 Saturday August 16, 2008

Where is thumb man?, where is thumb man?

Here am I, here am I,

How are you today sir?,

Very well I thank you,

Tap & switch, tap & switch.

(sung to the kiddie diddy)

Thanks to Kat & the Talkcast, I experienced real time healing w/EFT & Switchwords. Very cool.

I have had sharp pains in my left thumb for approximately 6 months, maybe more, with & without moving it. At rest now, the discomfort fluctuates between 0-1. Yesterday after the healing I helped some friends move and occasionally the pain went to a 3-4. I will continue to use the Switch phrases & probe the possible cause (what have I denied/resisted accepting? & lack of self-confidence) As my friends say, "more will be revealed..."

If you are not participating in the Talkcasts or listening to the replays, You be missin the gold!

Blessings to All,
Lou