

Switchwords for Stuttering

by Kat Miller

Following was taken in part from a post I wrote in response to a question about stuttering at the Yahoo Switchwordsgroup (<http://tech.groups.yahoo.com/group/switchwordsgroup/>)

Some Switchwords that may be helpful in overcoming a problem with stuttering include:

ACT (to be a good orator/speaker)

QUIET (to help quiet the voices in your head that may interfere with your speech)

BUBBLE (to expand beyond perceived limitations)

TAKE (to be a good leader - a good leader generally has good oratory skills)

BETWEEN (to make yourself better understood)

CRYSTAL-HORSE (to increase your self-worth and self-confidence)

A specific Switchphrase created specifically to help in clearing stuttering:

DivineORDER- ADD-ACT-POINT- UNCLE-SLOW

This Switchphrase means:

DivineORDER - In an organized and synchronous fashion,

ADD - increase your ability

ACT - to be a good orator,

POINT - improve focus (on speech),

UNCLE - dispel apartness, and

SLOW - be wise (as you speak).