

Violet Energy Circle



Violet is a great color for any Energy Circle.
Violet is a cleansing, clearing color.
Violet helps to separate energies.

Small Colored Energy Circles

www.addinfo.ehdef.com

Courtesy Kevin Dill

Orange Energy Circle



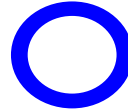
Orange is warm, cheering, non-constricting, freeing upon the body & mind, relieves repressions. Orange shows new possibilities & other options, stimulates creative thinking & enthusiasm, helps assimilate new ideas & is helpful in dealing with excess sexual expression. Orange links very strongly with the sacral chakra, stimulates lungs, respiration & digestion, increases activity of the thyroid, relieves muscle cramps and spasms & increases mother's milk.

Pink Energy Circle



Pink is a soothing color on all levels, physical mental and emotional levels.
Pink is the color of love.

Blue Energy Circle



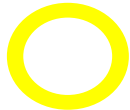
Blue is the color for truth, devotion, calmness, and sincerity. Blue is the color for meditation and spiritual expansion. Blue is for peace, faith, aspiration, creative expression.
Blue relaxes the mind.

Black Energy Circle



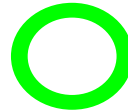
Black repels/banishes evil and negativity. Black is for protection, banishing, binding. Black is for breaking free from bad habits and addictions. Black is for deep meditation, opening up deep unconscious levels.

Yellow Energy Circle



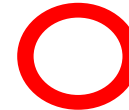
Yellow is good for despondent and melancholy conditions. Yellow is for mental activity and intellectual power. Yellow is for ability and awakening.

Green Energy Circle



Green is the color of energy, youth, growth, inexperience, fertility, hope, and new life. Green is for balance, growth, calming. Green is also for money.

Red Energy Circle



Red represents health, fire, anger, temper, danger and destruction. Red gives a person a sense of power. Red is the color of passion. Red stimulates, excites, and acts as an irritant.

