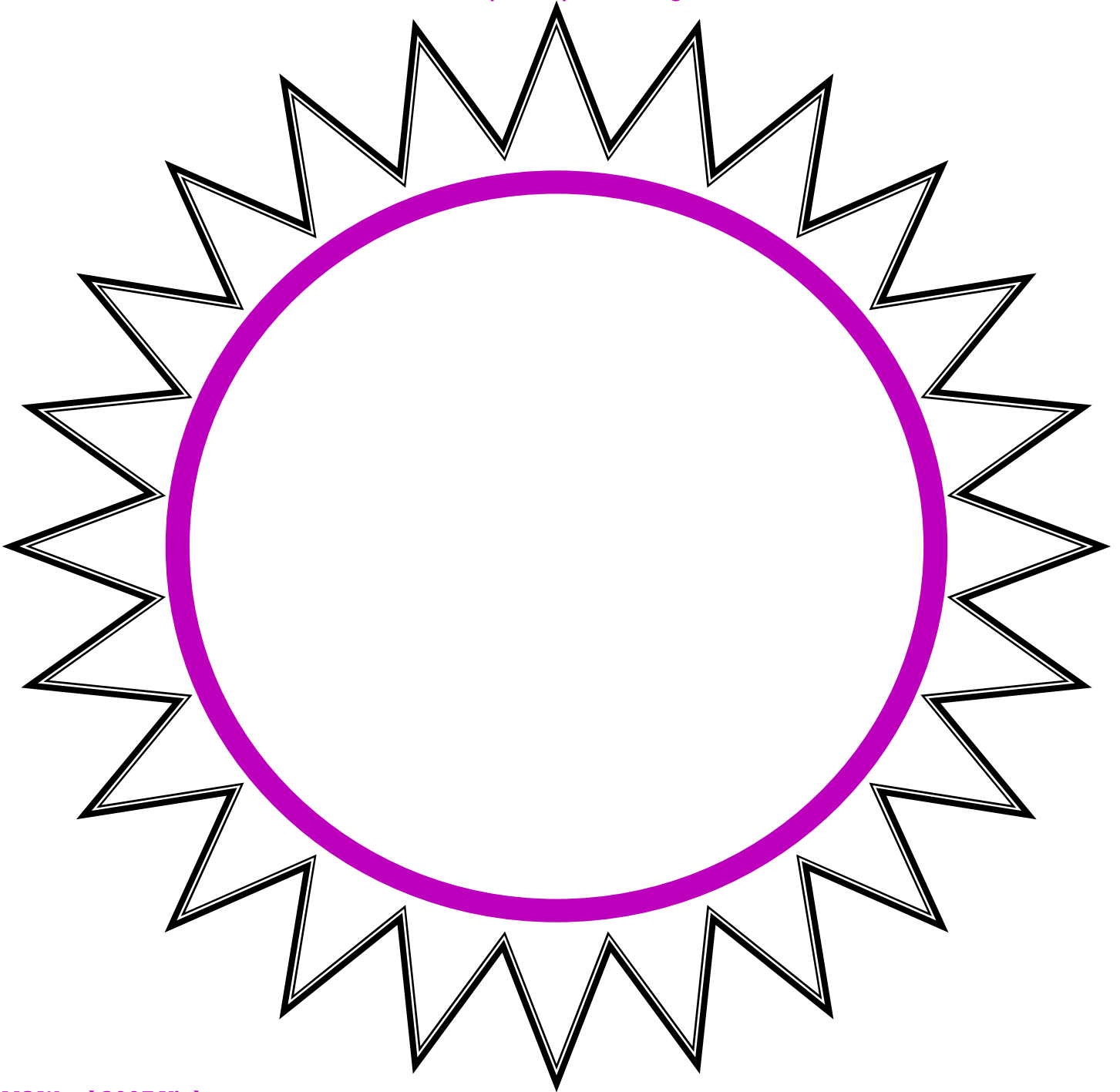


Violet Energy Circle

Violet is a great color for any Energy Circle.

Violet is a cleansing, clearing color.

Violet helps to separate energies.



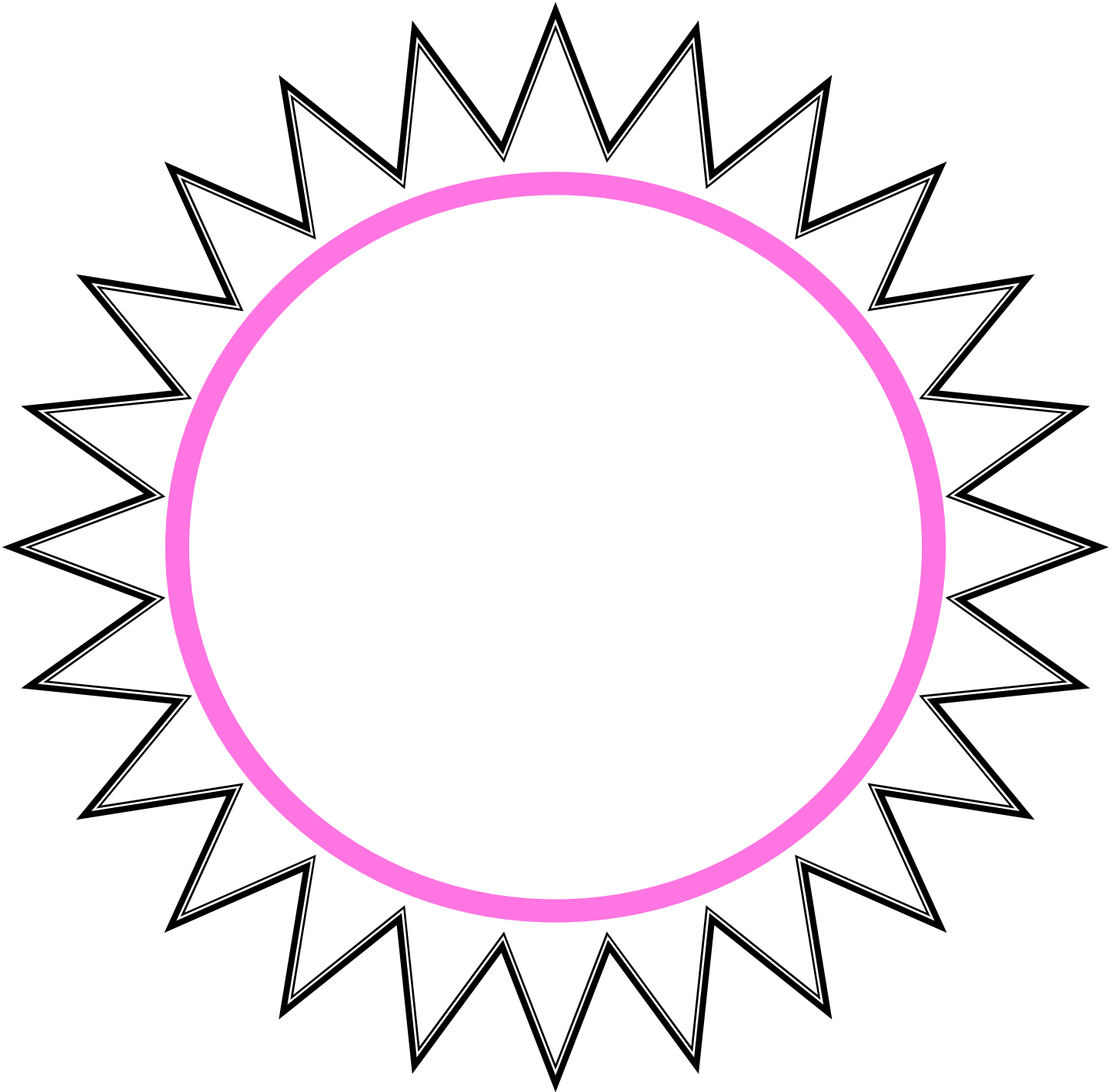
MS Word 2007 Violet

Red=188 Hue=213
Green=0 Sat=255
Blue=188 Lum=94

Pink Energy Circle

Pink is a soothing color on all levels, physical, mental and emotional levels.

Pink is the color of love.



MS Word 2007 Pink

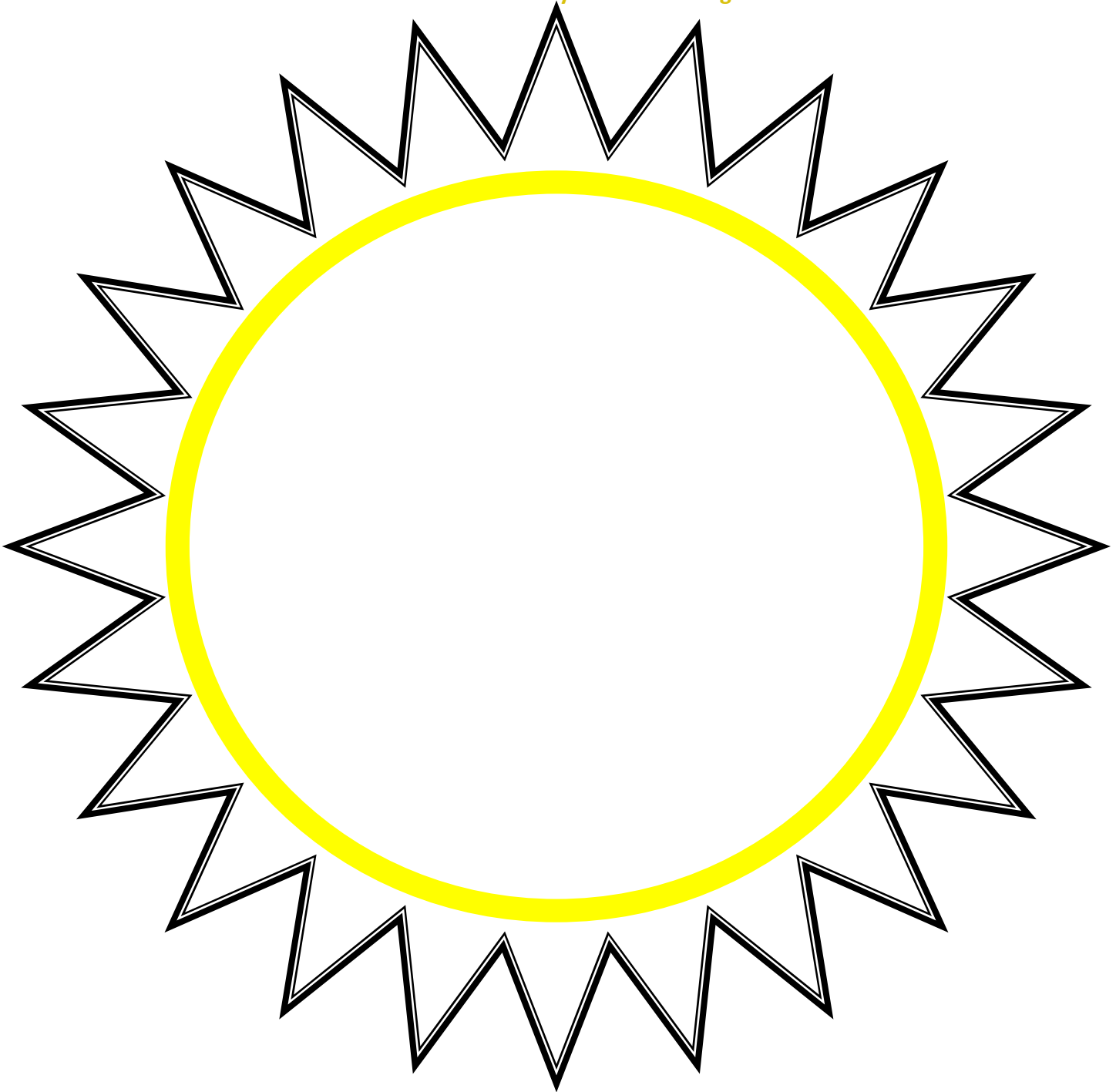
Red=255 Hue=222
Green=117 Sat=255
Blue=225 Lum=186

Yellow Energy Circle

Yellow is good for despondent and melancholy conditions.

Yellow is for mental activity and intellectual power.

Yellow is for ability and awakening.



MS Word 2007 Yellow

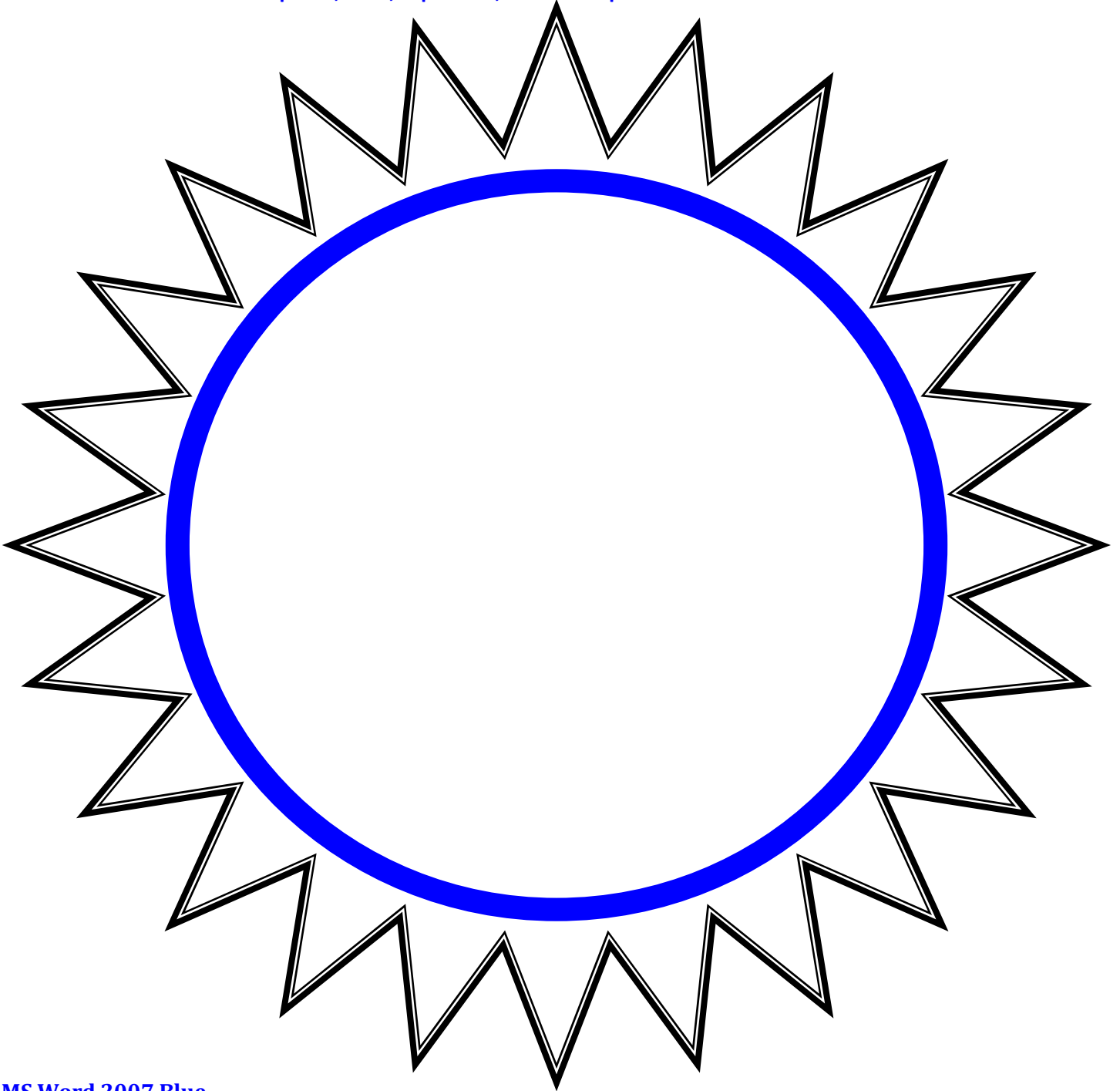
**Red=255 Hue=42
Green=255 Sat=255
Blue=0 Lum=128**

Blue Energy Circle

Blue is the color for truth, devotion, calmness, and sincerity.

Blue is the color for meditation and spiritual expansion.

Blue is for peace, faith, aspiration, creative expression. Blue relaxes the mind.



MS Word 2007 Blue

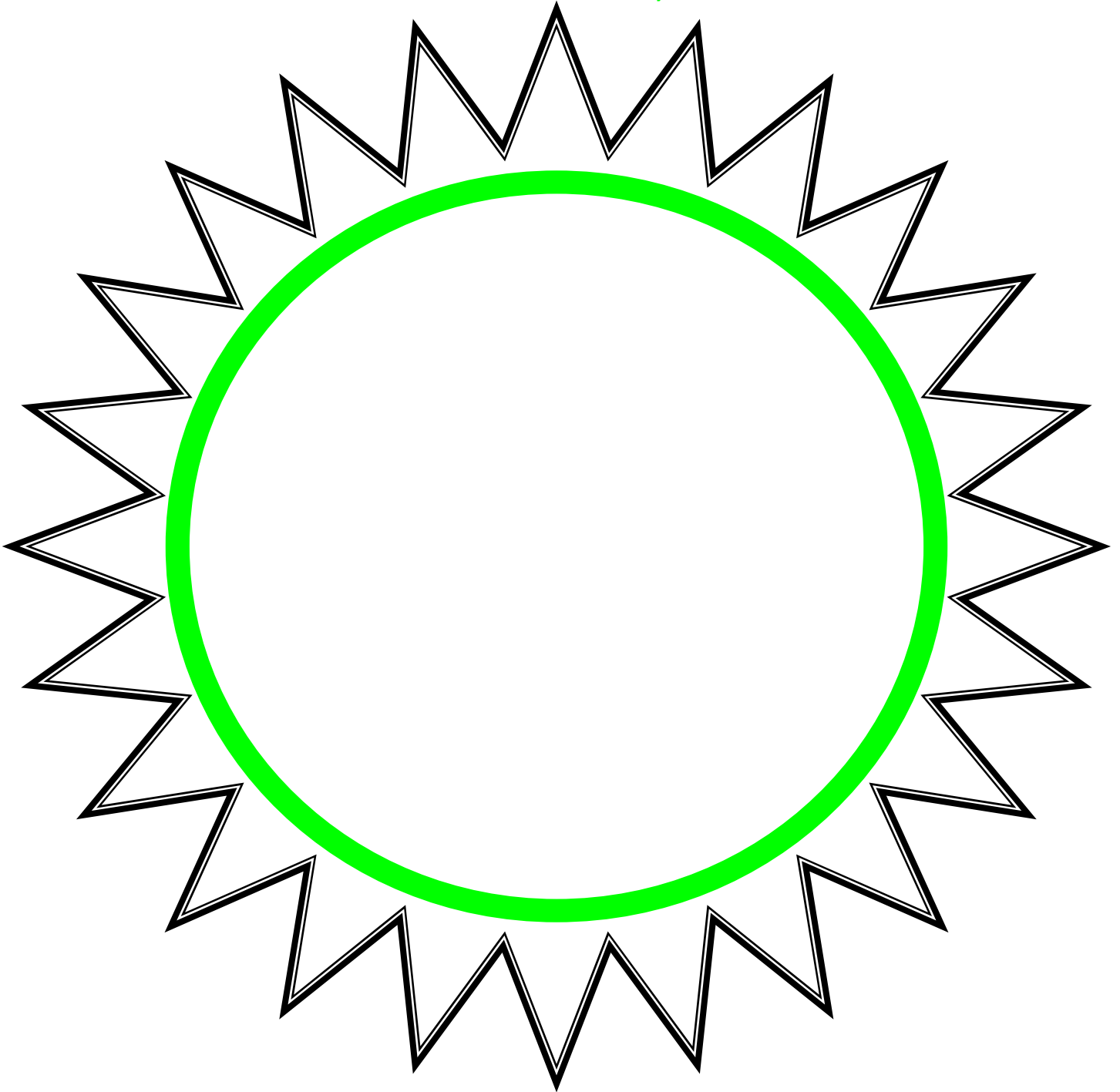
**Red=0 Hue=170
Green=0 Sat=255
Blue=255 Lum=128**

Green Energy Circle

Green is the color of energy, youth, growth, inexperience, fertility, hope, and new life.

Green is for balance, growth, calming.

Green is also for money.



MS Word 2007 Green

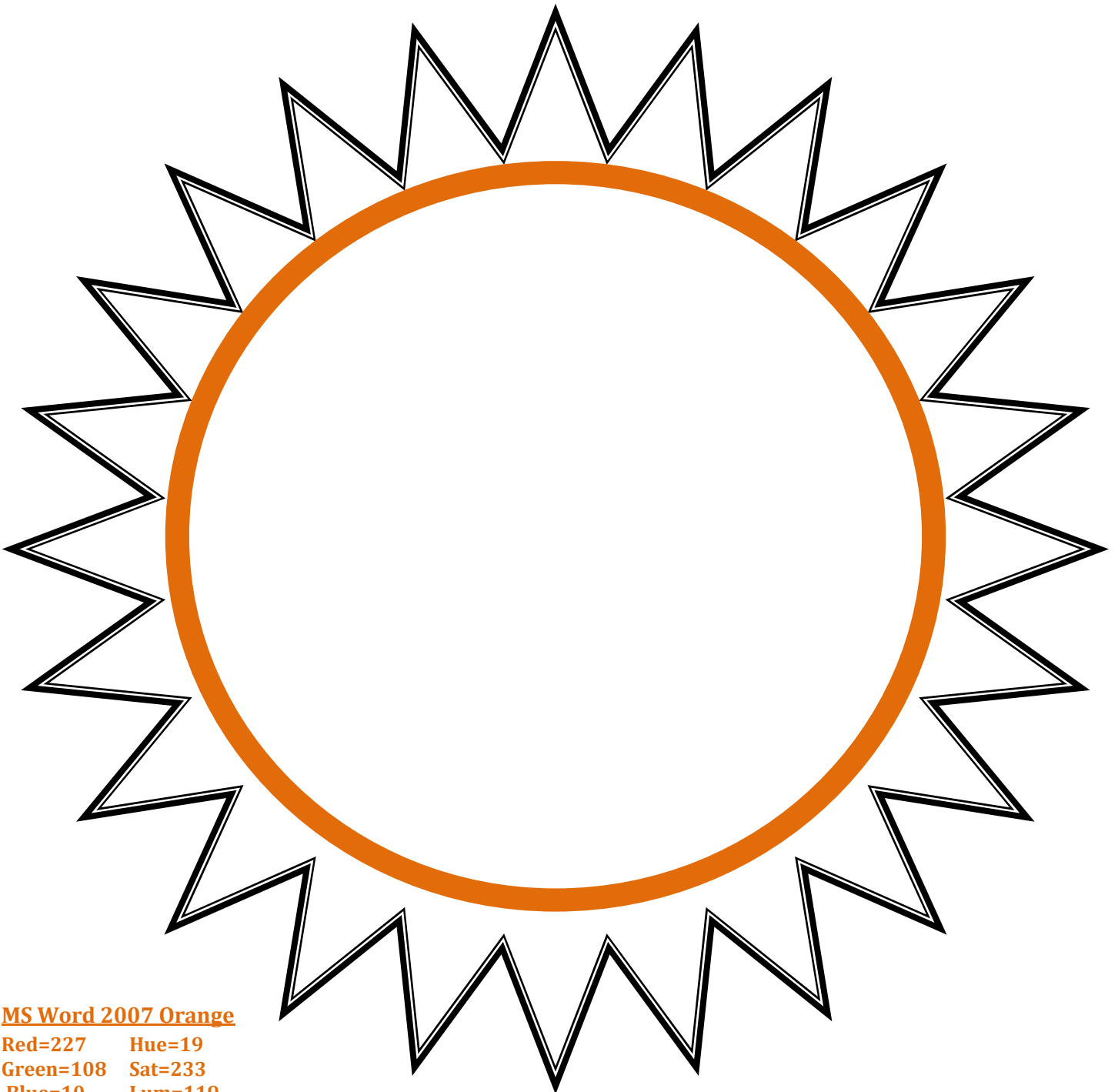
Red=0 Hue=85
Green=255 Sat=255
Blue=0 Lum=128

Orange Energy Circle

Orange is warm, cheering, non-constricting, freeing upon the body & mind, relieves repressions.

Orange shows new possibilities & other options, stimulates creative thinking & enthusiasm, helps assimilate new ideas & is helpful in dealing with excess sexual expression.

Orange links very strongly with the sacral chakra, stimulates lungs, respiration & digestion, increases activity of the thyroid, relieves muscle cramps and spasms & increases mother's milk.



MS Word 2007 Orange

Red=227 Hue=19
Green=108 Sat=233
Blue=10 Lum=119

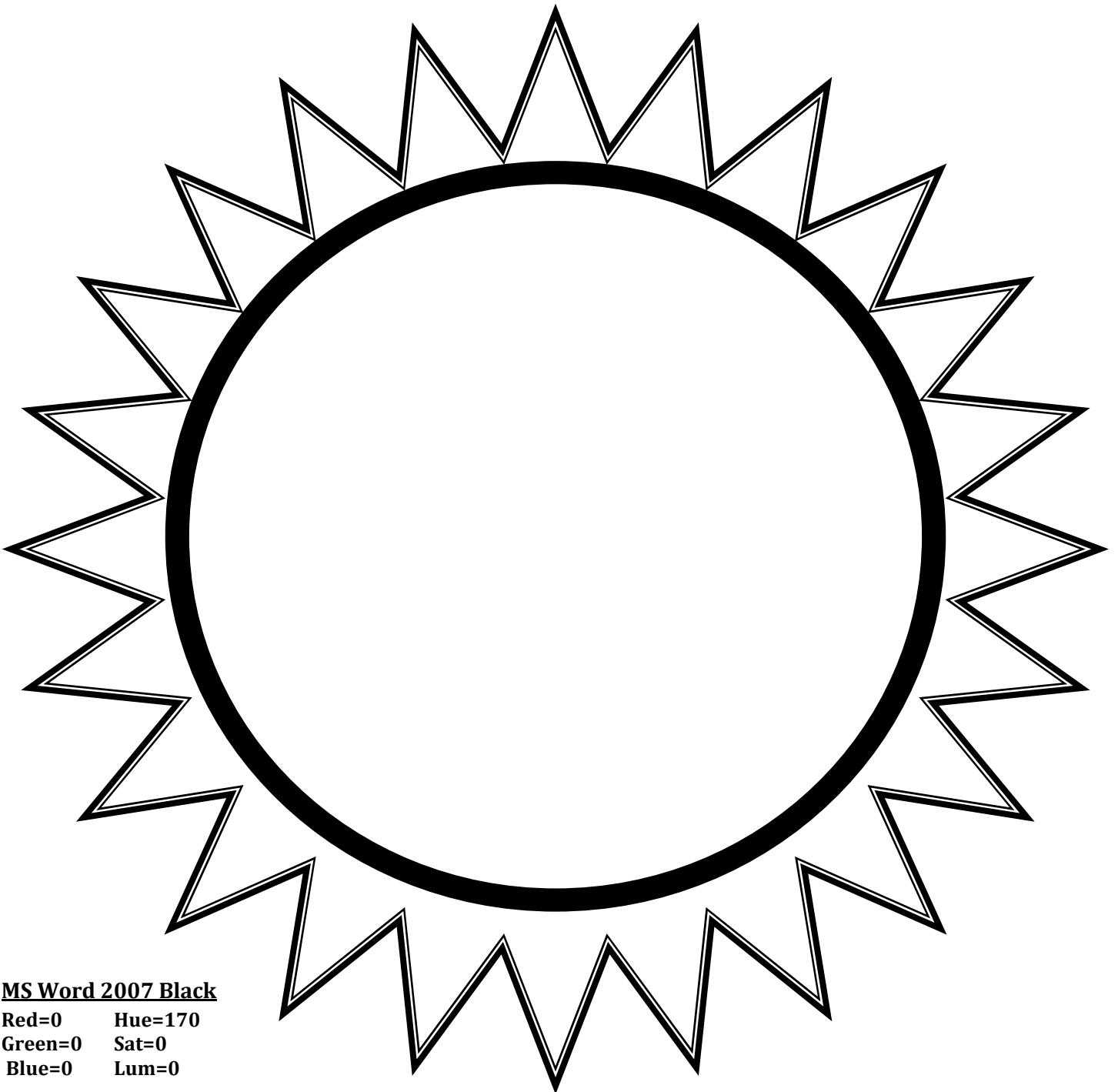
Black Energy Circle

Black repels/banishes evil and negativity.

Black is for protection, banishing, binding.

Black is for breaking free from bad habits and addictions.

Black is for deep meditation, opening up deep unconscious levels.



MS Word 2007 Black

Red=0 Hue=170

Green=0 Sat=0

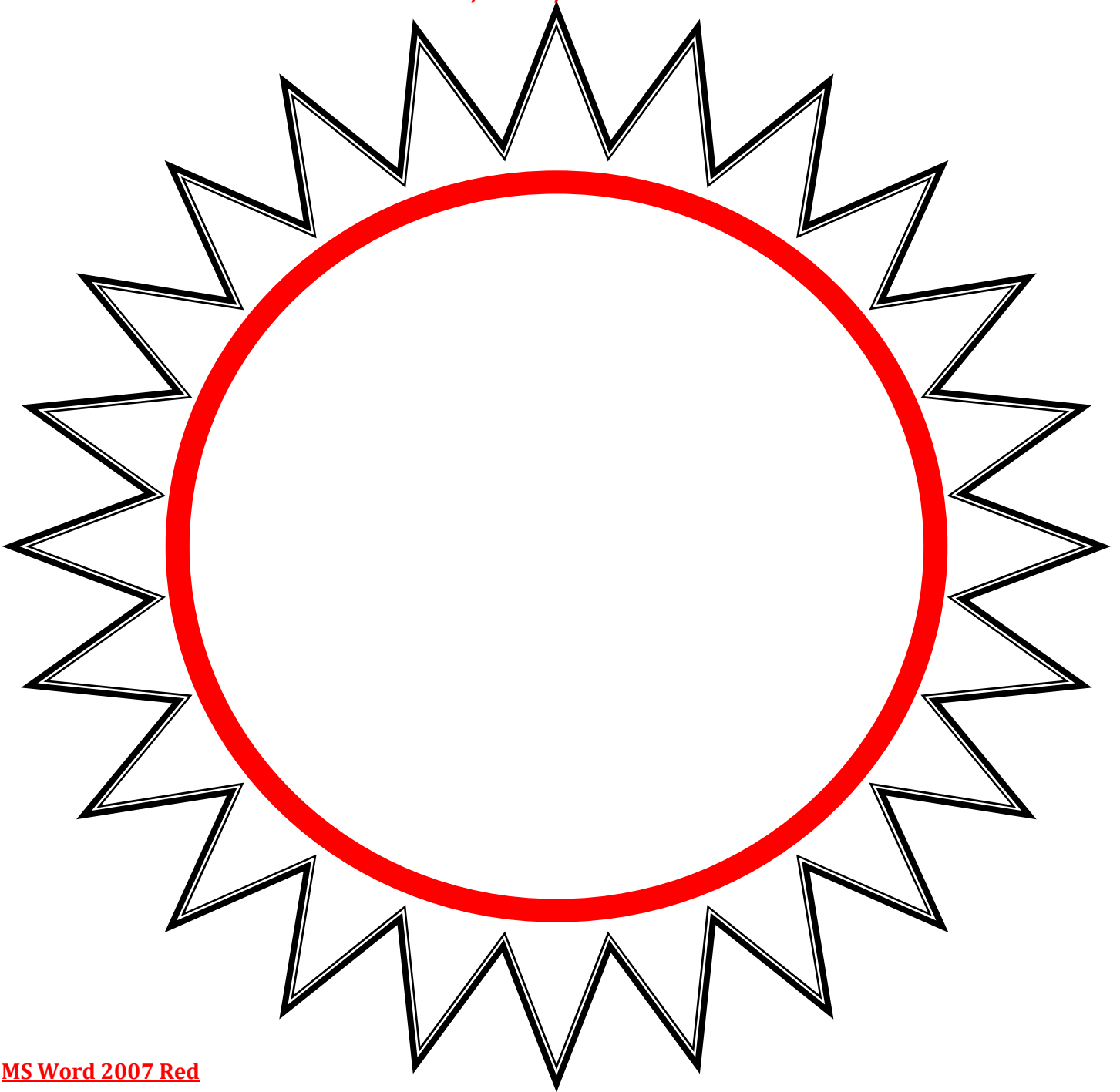
Blue=0 Lum=0

Red Energy Circle

Red represents health, fire, anger, temper, danger and destruction.

Red gives a person a sense of power. Red is the color of passion.

Red stimulates, excites, and acts as an irritant.



MS Word 2007 Red

Red=255 Hue=0
Green=0 Sat=255
Blue=0 Lum=128