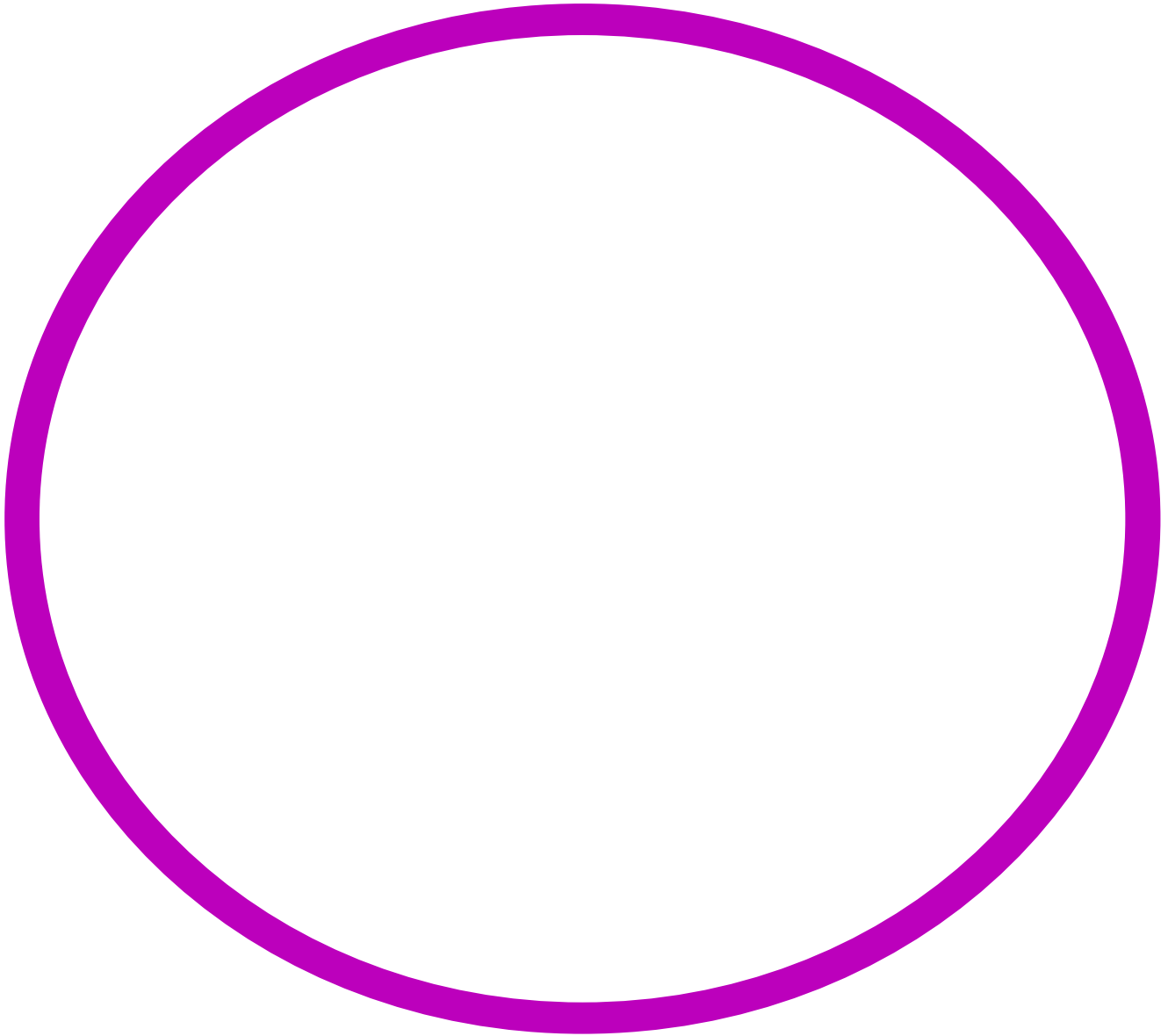


### **Violet Energy Circle**

Violet is a great color for any Energy Circle.

Violet is a cleansing, clearing color.

Violet helps to separate energies.



#### MS Word 2007 Violet

Red=188 Hue=213

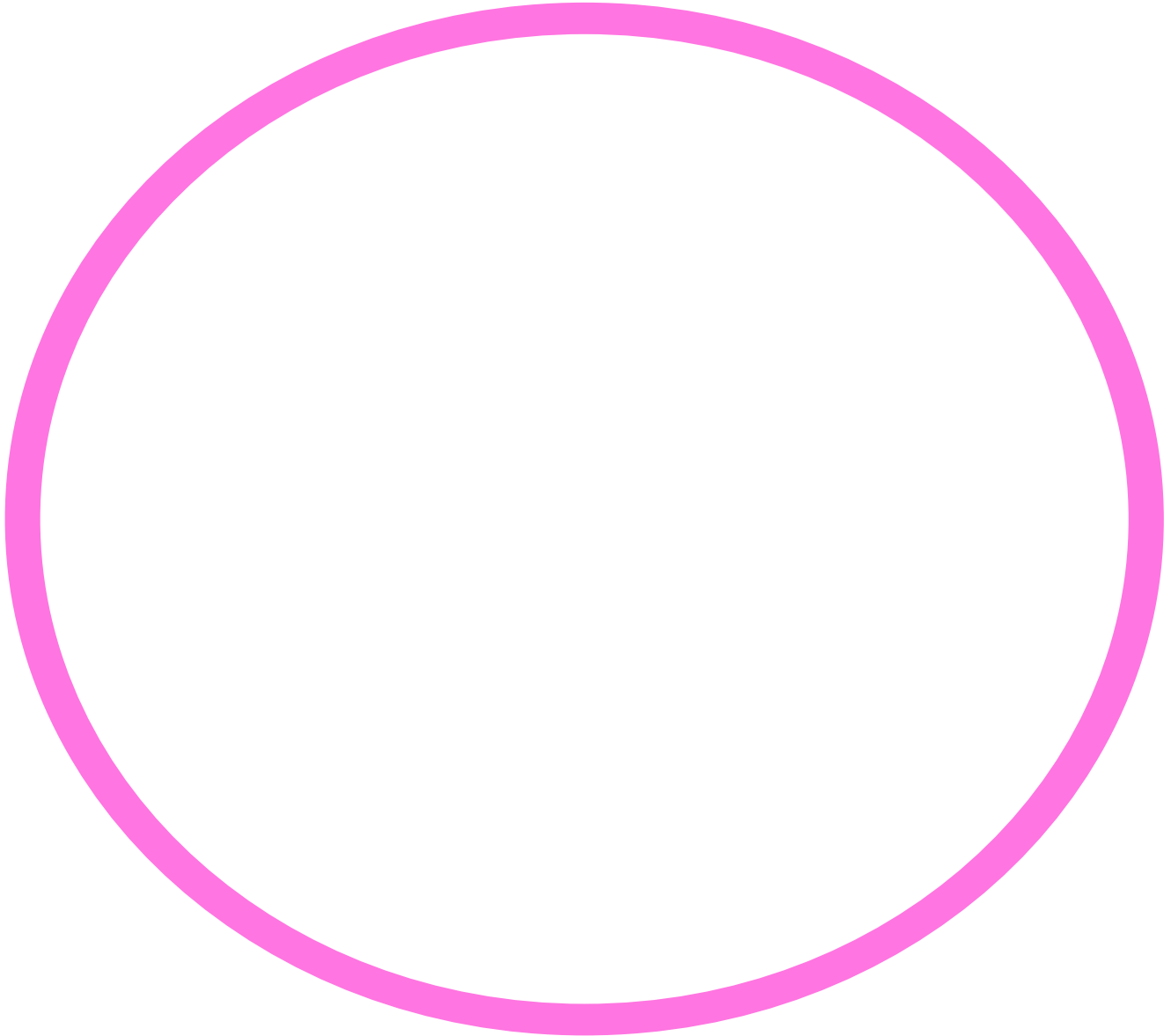
Green=0 Sat=255

Blue=188 Lum=94

### **Pink Energy Circle**

Pink is a soothing color on all levels, physical, mental and emotional levels.

Pink is the color of love.



#### MS Word 2007 Pink

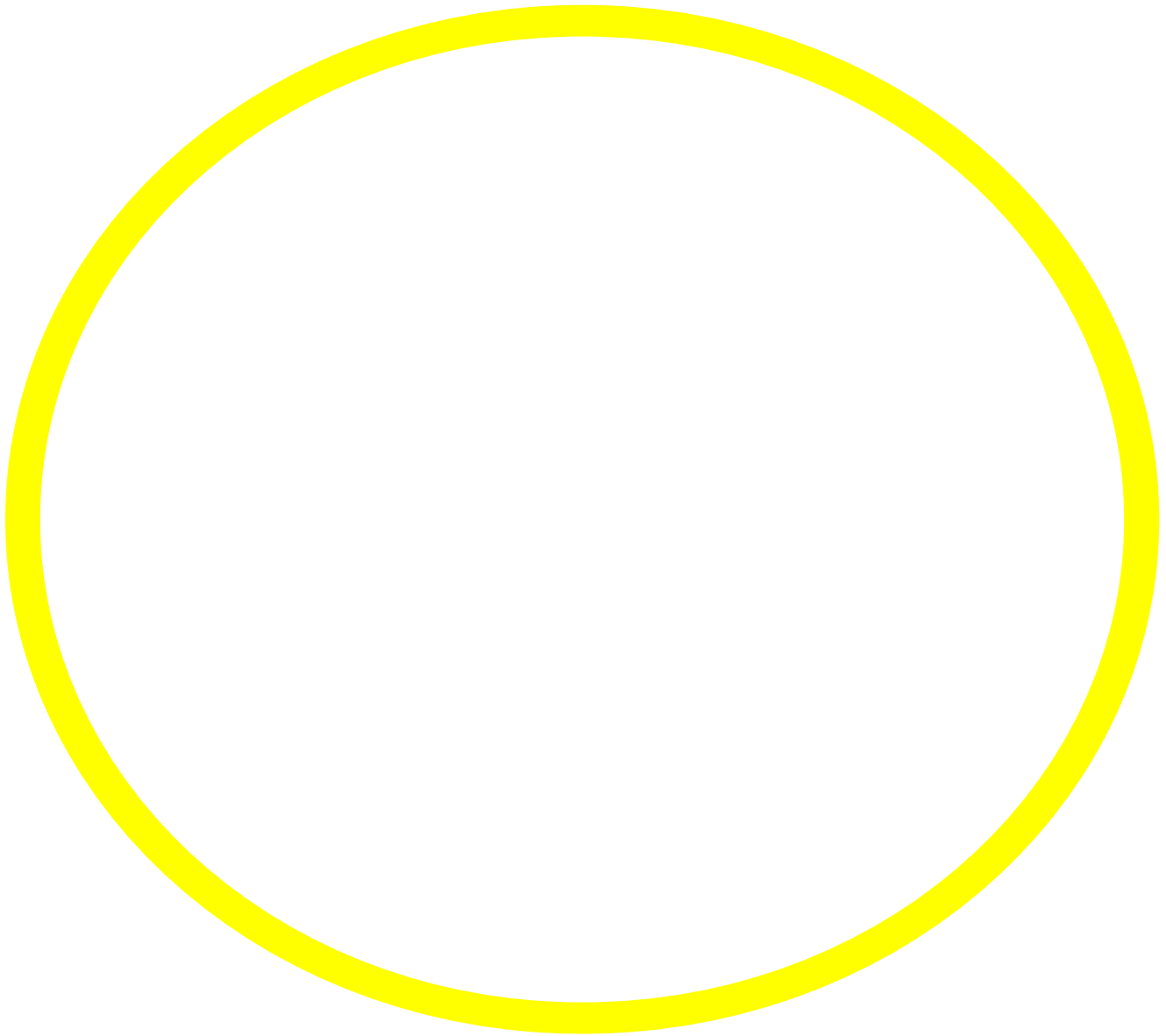
Red=255    Hue=222  
Green=117    Sat=255  
Blue=225    Lum=186

### **Yellow Energy Circle**

**Yellow is good for despondent and melancholy conditions.**

**Yellow is for mental activity and intellectual power.**

**Yellow is for ability and awakening.**



#### **MS Word 2007 Yellow**

Red=255    Hue=42  
Green=255    Sat=255  
Blue=0    Lum=128

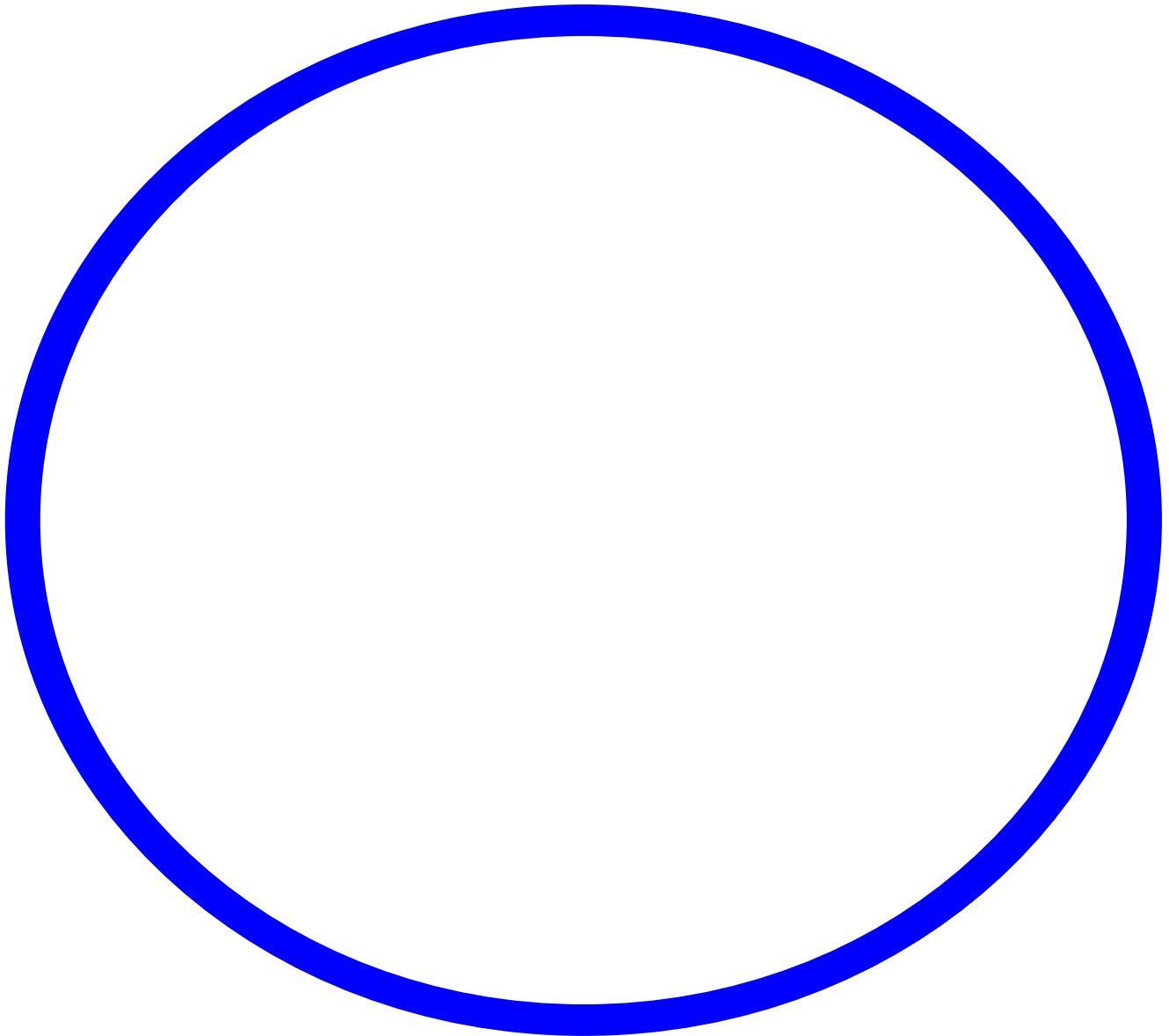
### **Blue Energy Circle**

**Blue is the color for truth, devotion, calmness, and sincerity.**

**Blue is the color for meditation and spiritual expansion.**

**Blue is for peace, faith, aspiration, creative expression.**

**Blue relaxes the mind.**



#### **MS Word 2007 Blue**

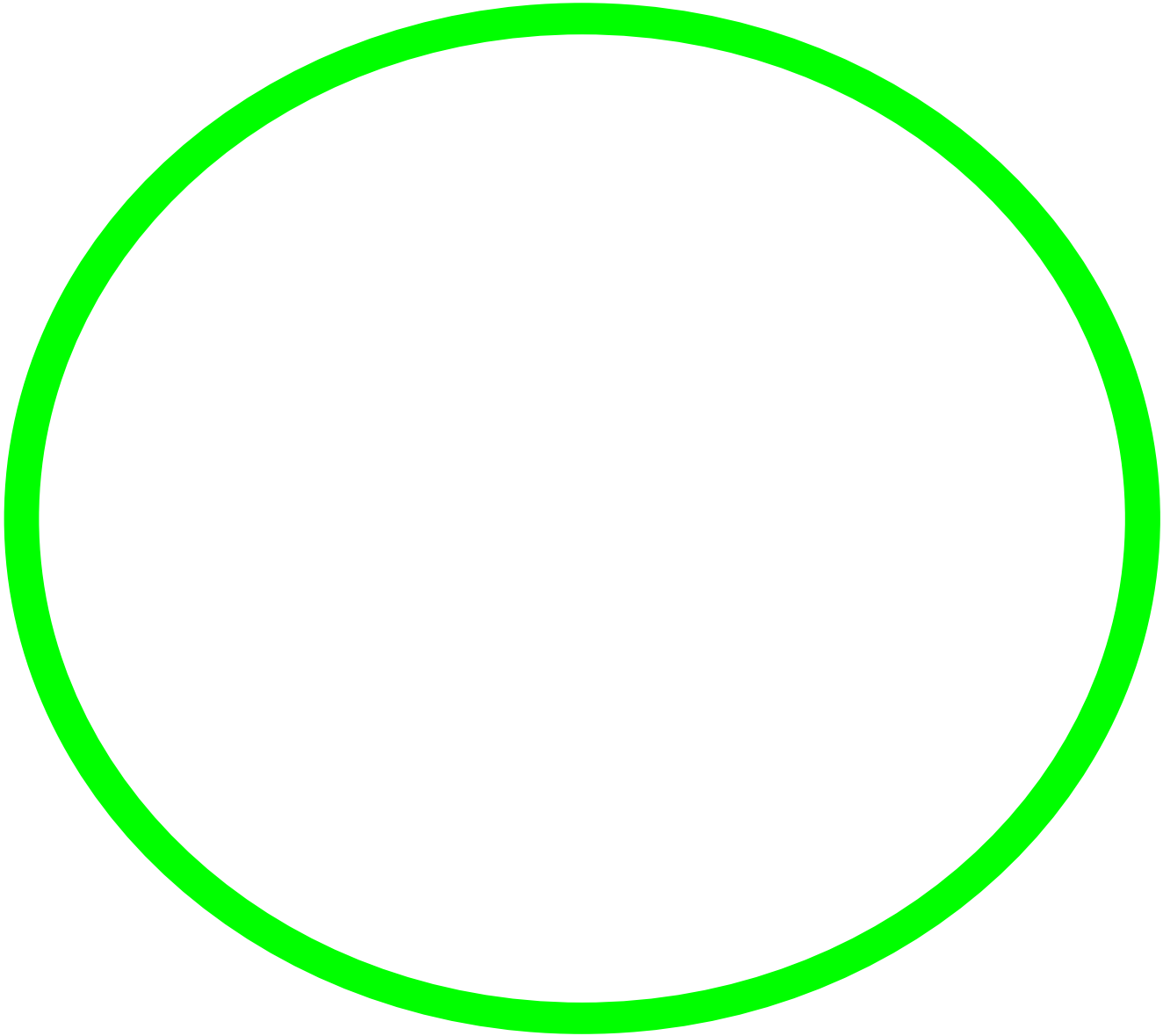
**Red=0      Hue=170  
Green=0     Sat=255  
Blue=255   Lum=128**

## Green Energy Circle

Green is the color of energy, youth, growth, inexperience, fertility, hope, and new life.

Green is for balance, growth, calming.

Green is also for money.



### MS Word 2007 Green

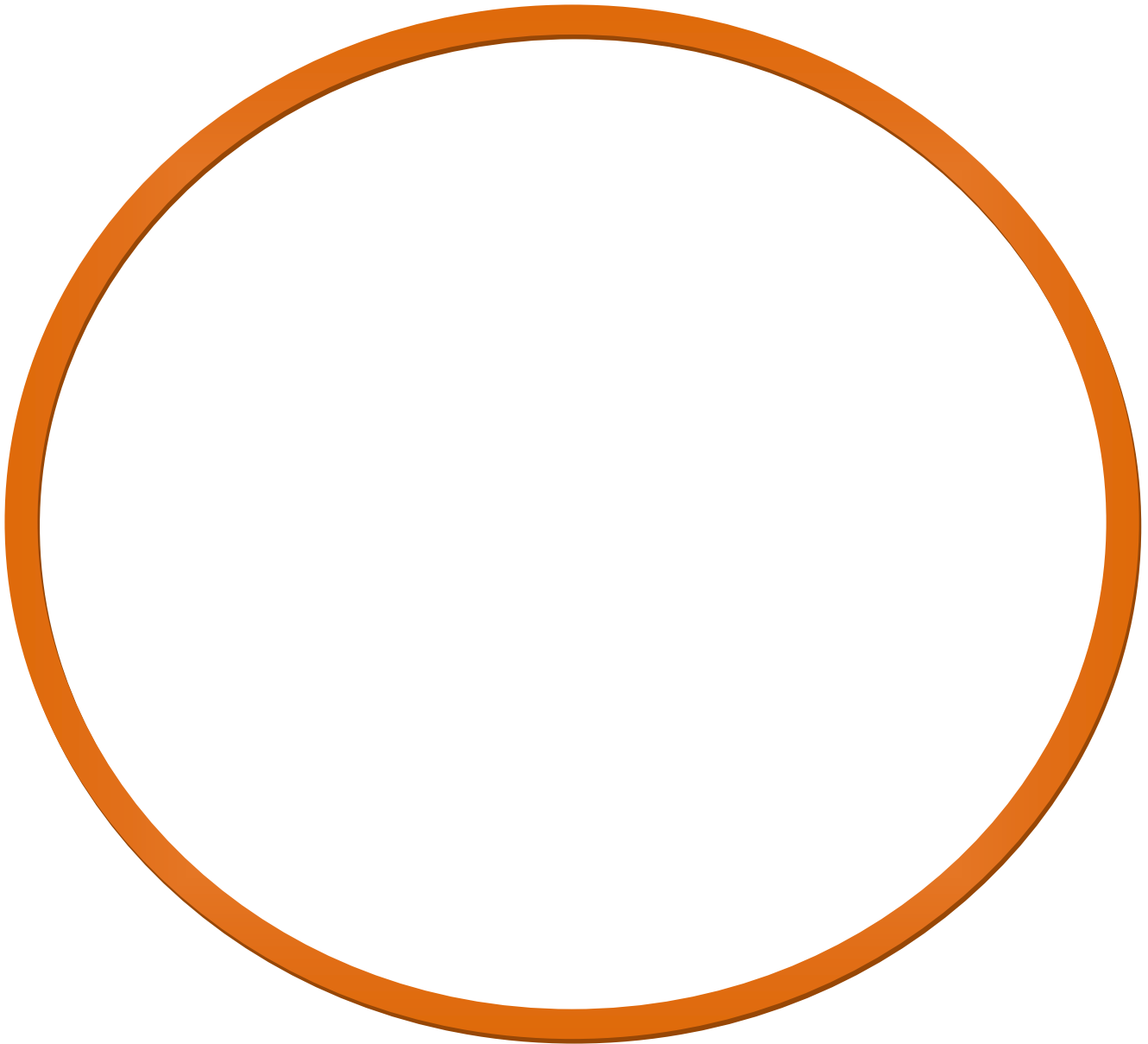
Red=0      Hue=85  
Green=255    Sat=255  
Blue=0      Lum=128

### **Orange Energy Circle**

Orange is warm, cheering, non-constricting, freeing upon the body & mind, relieves repressions.

Orange shows new possibilities & other options, stimulates creative thinking & enthusiasm, helps assimilate new ideas & is helpful in dealing with excess sexual expression.

Orange links very strongly with the sacral chakra, stimulates lungs, respiration & digestion, increases activity of the thyroid, relieves muscle cramps and spasms & increases mother's milk.



#### **MS Word 2007 Orange**

Red=227    Hue=19  
Green=108    Sat=233  
Blue=10    Lum=119

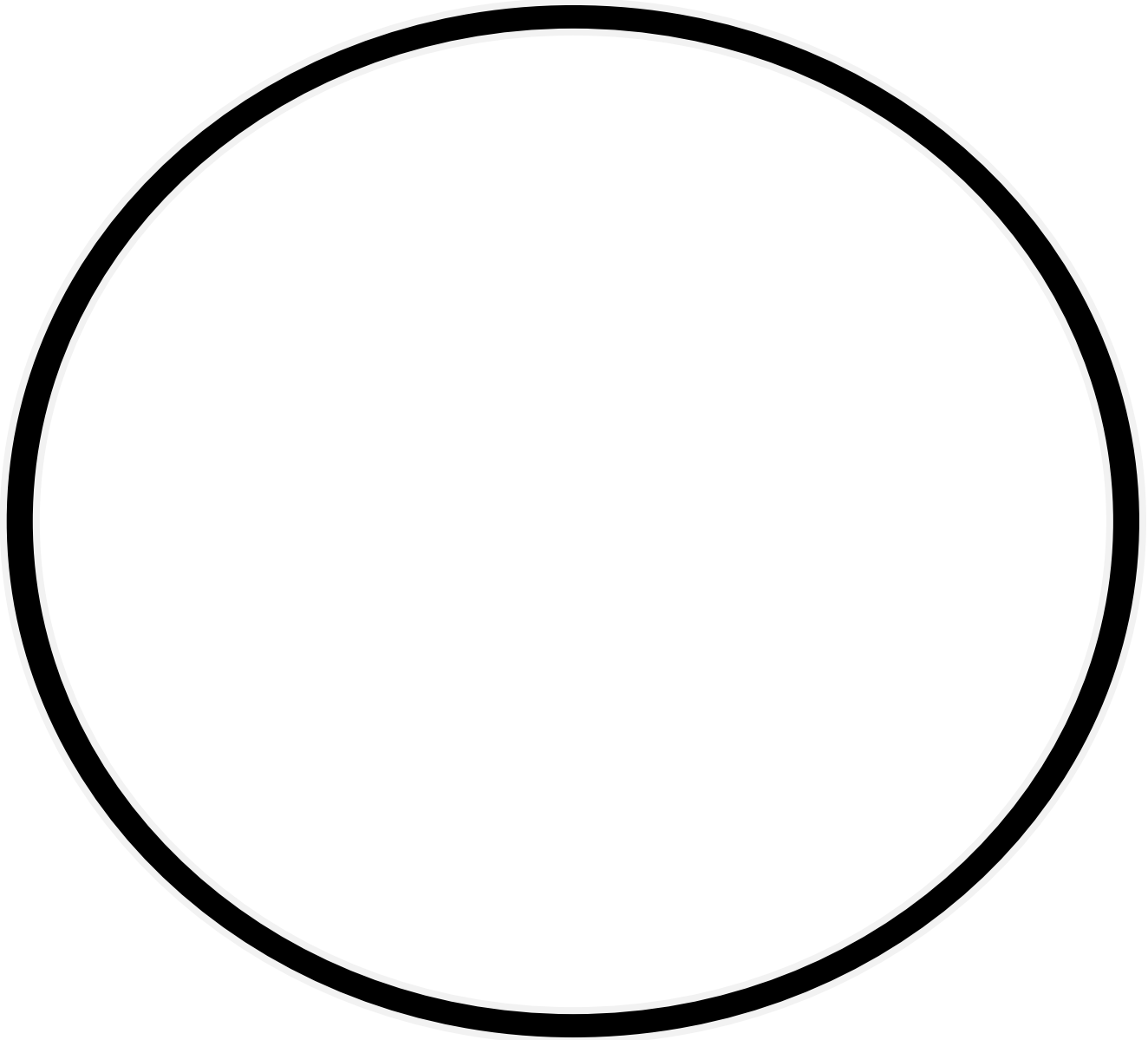
### **Black Energy Circle**

**Black repels/banishes evil and negativity.**

**Black is for protection, banishing, binding.**

**Black is for breaking free from bad habits and addictions.**

**Black is for deep meditation, opening up deep unconscious levels.**



**MS Word 2007 Black**

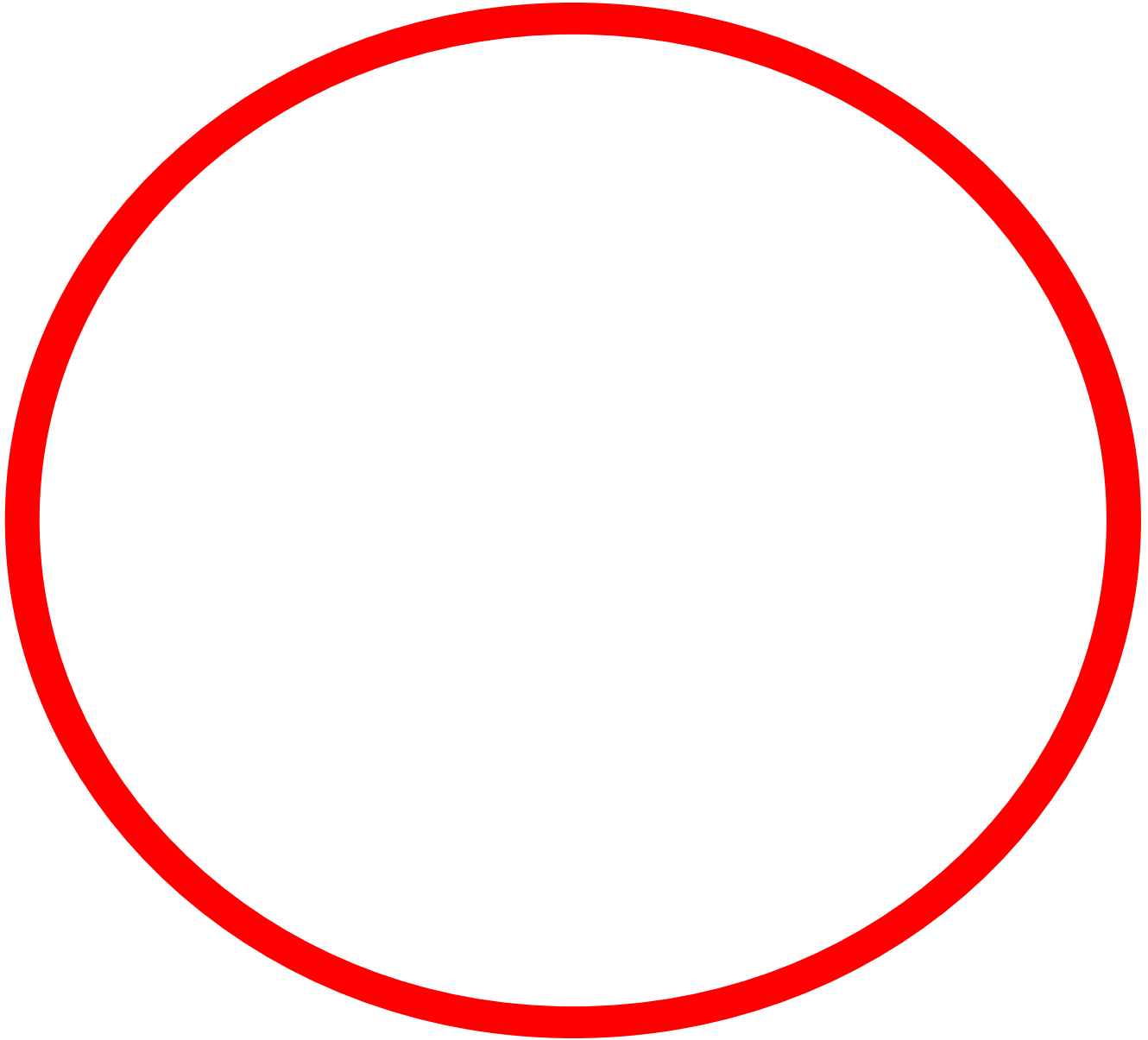
**Red=0      Hue=170**  
**Green=0    Sat=0**  
**Blue=0     Lum=0**

### **Red Energy Circle**

**Red represents health, fire, anger, temper, danger and destruction.**

**Red gives a person a sense of power. Red is the color of passion.**

**Red stimulates, excites, and acts as an irritant.**



#### **MS Word 2007 Red**

**Red=255    Hue=0  
Green=0    Sat=255  
Blue=0    Lum=128**