

Introduction to Vibrational Balancing Images

by Kat Miller

Vibrational Balancing Images are images that transmit vibrations for balancing and healing the body.

To use VBIs (Vibrational Balancing Images), simply place a glass of water on desired VBI(s) for a minimum of 15 seconds each (longer is fine), then drink the water.

The VBIs can be used individually or in combinations (combinations are groups of cards). Currently, there are 82 VBIs and over 200 Vibrational Balancing Combinations.

Below is a list of currently predefined VBCs (Vibrational Balancing Combinations):

VBC1 ABRASIONS

VBC2 ACCIDENT PRONE

VBC3 ACCIDENTS

VBC4 ACHES

VBC5 ACID STOMACH

VBC6 ADDICTION

VBC7 AGITATION

VBC8 ALCOHOL, HELP STOP ABUSE OF

VBC9 ALERT, UNABLE TO STAY

VBC10 ALLERGIES (Inhaled or Food)

VBC11 ALLERGIES (Skin)

VBC12 ALLERGIES (Bites and Stings)

VBC13 ANGER

VBC14 ANGUISHED FEELINGS

VBC15 ANXIETY

VBC16 APPETITE, NO

VBC17 BAD NEWS

VBC18 BITES AND STINGS

VBC19 BLADDER INFECTION

VBC20 BLEEDING

VBC21 BLOATING

VBC22 BLOWS (physical or emotional)

VBC23 BLURRED VISION
VBC24 BRUISES
VBC25 BURNING SENSATIONS (Skin)
VBC26 BURNING SENSATIONS (Stomach)
VBC27 BURNING SENSATIONS (Face)

VBC28 BURNS
VBC29 BURPING
VBC30 CHEST CONGESTION
VBC31 CHILLS AND CHILLINESS

VBC32 COLD (Feel)
VBC33 COLDS

VBC34 COMPULSIVE OVER-ACTIVITY
VBC35 CONFUSED
VBC36 CONSTIPATION
VBC37 COUGHING

VBC38 CRAMPS, MUSCULAR
VBC39 CRAMPS, MENSTRUAL
VBC40 CRAVING FOOD
VBC41 CRIME VICTIM
VBC42 CRYING
VBC43 CUTS

VBC44 DECISION-MAKING DIFFICULTY
VBC45 DEPRESSION
VBC46 DIARRHEA
VBC47 DIFFICULTY BREATHING

VBC48 DISCOURAGED EASILY
VBC49 DIZZINESS
VBC50 DROWSINESS
VBC51 DRY MOUTH
VBC52 DULLNESS

VBC53 EARACHE
VBC54 ELECTRIC SHOCK
VBC55 ENERVATED
VBC56 ENERGY LAGGING

VBC57 EPILEPSY
VBC58 ESCAPISM
VBC59 EXCITED, TOO
VBC60 EYES TEARING

VBC61 EXHAUSTION, MENTAL
VBC62 EXHAUSTION, NERVOUS
VBC63 EXHAUSTION, PHYSICAL

VBC64 FALLS
VBC65 FANTASIES
VBC66 FATIGUE, MENTAL
VBC67 FATIGUE, PHYSICAL
VBC68 FATIGUE, TRAVEL

VBC69 FEAR, CHILDREN'S
VBC70 FEAR, SPECIFIC
VBC71 FEAR, VAGUE INTENSE

VBC72 FEVER
VBC73 FIGHTING
VBC74 FIRST DAY AT SCHOOL

VBC75 FOREBODING
VBC76 FRIGHT
VBC77 FUSSINESS IN CHILDREN

VBC78 GOUT
VBC79 GRIEF
VBC80 HABITS, BAD
VBC81 HAIR LOSS

VBC82 HANGOVER
VBC83 HAY FEVER
VBC84 HEAD PAIN
VBC85 HEADACHE

VBC86 HEART PROBLEMS
VBC87 HEARTACHE
VBC88 HEARTBURN
VBC89 HIGH BLOOD PRESSURE
VBC90 HIGH FEVER

VBC91 HOMESICKNESS

VBC92 HOT FEELING

VBC93 HOT FLASHES

VBC94 HUNGER

VBC95 HYPERACTIVITY

VBC96 HYPERSENSITIVITY

VBC97 ILLNESS, AFTER ANY

VBC98 ILLNESS, DURING ANY

VBC99 ILLNESS, ONSET OF ANY

VBC100 INDIGESTION

VBC101 INGROWN TOENAIL

VBC102 INJURIES, EMOTIONAL

VBC103 INJURIES, JOINTS

VBC104 INJURIES, MUSCLES

VBC105 INSECT BITES

VBC106 INSOMNIA

VBC107 IRRITABILITY

VBC108 ITCHING

VBC109 JEALOUSY AND INSECURITY

VBC110 JET LAG

VBC111 JOINT INJURIES

VBC112 LACERATION

VBC113 LACK OF ENERGY

VBC114 LACHRYMATION

VBC115 LARYNGITIS

VBC116 LEARNING DISABILITIES

VBC117 LETHARGY

VBC118 LIGAMENT INJURIES

VBC119 LOSS OF APPETITE

VBC120 LOW BLOOD PRESSURE

VBC121 MALAISE

VBC122 MENOPAUSE

VBC123 MENSTRUAL CRAMPS

VBC124 MOUTH, DRY
VBC125 MOVING
VBC126 MUSCLE PROBLEMS
VBC127 MUSCLE TESTING, IMPROVE

VBC128 NAUSEA
VBC129 NECK PROBLEMS
VBC130 NERVOUS STOMACH
VBC131 NURSING ANOTHER

VBC132 OBSESSIVE THOUGHTS OR IMAGES
VBC133 ONSET OF ANY ILLNESS

VBC134 OVERACTIVE LIBIDO
VBC135 OVER-ACTIVITY
VBC136 OVERWHELMED FEELING

VBC137 PAIN AND ACHING
VBC138 PAIN, CRAMPING
VBC139 PAIN, DENTAL

VBC140 PALPITATIONS, HEART
VBC141 PANIC
VBC142 PERFORMANCE ANXIETY
VBC143 PHOBIAS

VBC144 POLLUTION
VBC145 PSORIASIS
VBC146 PSYCHOLOGICALLY COLD

VBC147 QUARRELING
VBC148 QUEASINESS
VBC149 RAPE VICTIM
VBC150 RASH

VBC151 RECURRING COMPLAINTS
VBC152 RELAXATION
VBC153 REMEDIES DON'T WORK
VBC154 RESTLESSNESS
VBC155 RUNNY NOSE

VBC156 SHOCK
VBC157 SHORTNESS OF BREATH
VBC158 SHYNESS
VBC159 SKEPTICAL THAT VBI REMEDIES WORK

VBC160 SKIN RASHES
VBC161 SLEEPINESS
VBC162 SLEEPLESSNESS
VBC163 SMOKING, HELP STOP

VBC164 SNEEZING
VBC165 SNIFFLING
VBC166 SORE THROAT
VBC167 SORENESS

VBC168 SPORTS INJURIES
VBC169 SPRAINED ANKLE
VBC170 SPRAINS

VBC171 STIMULANTS, ATTRACTED TO
VBC172 STINGING SENSATION
VBC173 STOMACH ACHE
VBC174 STRAINS
VBC175 STRESS

VBC176 SUDDEN FEVER
VBC177 SURGERY, BEFORE
VBC178 SURGERY, AFTER

VBC179 TEETH AND GUMS, REJUVENATION
VBC180 TEETH, SENSITIVE
VBC181 TEETHING BABIES

VBC182 TENSION, NERVOUS
VBC183 THOUGHTS, TOO MANY
VBC184 THOUGHTS, UNABLE TO THINK
VBC185 TIMIDNESS

VBC186 TIRED, MENTALLY
VBC187 TIRED, PHYSICALLY
VBC188 TREMBLING
VBC189 VERTIGO

VBC190 VOMITING

VBC191 WEIGHT, TO GAIN

VBC192 WEIGHT, TO LOSE

VBC193 WORRYING

VBC194 WOUNDS

VBC195 WOUNDS, PUNCTURE

VBC196 ZITS, PIMPLES, ACNE

VBC197 ALZHEIMER'S

VBC198 ARTHRITIS

VBC199 AWAKENING

VBC200 CARPAL TUNNEL SYNDROME

VBC201 CELLULITIS

VBC202 CLUTTER MANAGEMENT

VBC203 ERECTILE DYSFUNCTION

VBC204 FEAR OF INTIMACY

VBC205 FERTILITY ISSUES

VBC206 HEART COHERENCE

VBC207 HUNGER PANGS

VBC208 INCONTINENCE

VBC209 LEARNING AND MEMORY ENHANCEMENT

VBC210 LIMITING BELIEFS

VBC211 METABOLIC DISRUPTIONS

VBC212 MIGRAINE

VBC212 MINDFULNESS (Focused Awareness)

VBC214 NIGHTMARES

VBC215 PSYCHOLOGICAL REVERSALS

VBC216 RESTLESS LEGS

VBC217 SINUS PROBLEMS

VBC218 SLEEP APNEA

VBC219 TOXOID PURGE

VBC220 TRAVEL STRESS

The above combinations come pre-programmed into Vibrational Balancing and VBSE TOGETHER, allowing you to quickly and easily combine as required and then let the computer charge the water for you.

Descriptions of additional Vibrational Balancing documents available at
<http://www.hc.ehdef.com>:

VBI Instructions	Detailed instructions for working with Vibrational Balancing Images, including full page images and Switchphrases for use with the images.
VBSE TOGETHER Instructions	Instructions for working with Vibrational Balancing, Sanjeevini Ease and VBSE TOGETHER computer programs.
All Vibrational Balancing Cards	A PDF generated by the Vibrational Balancing computer program with all VBI cards and instructions for use.
VBI Combinations	Currently defined VBCs, with lists of cards to use for charging each Combination
VBI Magnetic Neutralization Stickers	A page of small Magnetic Neutralization images which can be printed on labels for putting on computers, electronics, chairs, tables, etc., to help neutralize any associated negative energies.
VBI + EF Broadcast Sample	A sample page set up to broadcast a VBI along with files linked to the Emotional Freedom vial and Ho'oponopono to someone.

Join the Yahoo Vibrational Healing Cards group for discussions of additional information, support, learning, sharing and innovative ways of working with Vibrational Balancing and Sanjeevini Healing Cards:

<http://health.groups.yahoo.com/group/vibrationalhealingcards/>