

## Charging Vibrational Balancing Images and/or Energy Circles with Combinations

(Vibrational Balancing, Sanjeevini Ease and VBSE TOGETHER available at <http://www.hcp.ehdef.com>)

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When using Vibrational Balancing Images or Sanjeevini for healing, generally I charge water for people close around me, and I charge Energy Circles or Vibrational Balancing Images for remote healing, but one can do either or both.

To charge a Vibrational Balancing Image (VBI)/Energy Circle (EC) with VB and/or Sanjeevini Combination(s):

1. Select and print a VBI or EC appropriate for the current situation (black and white printouts work fine):

### Vibrational Balancing Images Usage

VB #	Vibrational Balancing Image	Uses
25	Feeling at Ease	Relieve stress
26	Feeling at Home In Your Body	Relieve physical discomfort
27	First Aid	Emergencies; injuries
48	Opening the Heart	Heart problems; healing resistance; mercy & compassion for self
59	Regularize Erratic Lifestyle	Sleeping problems; eating disorders; fatigue
62	Resistance	Stubborn problem; holding onto something that prevents healing
65	Skeptical	"Energy healing does not work" attitude interfering
71	Stimulating Your Healing Response	Start healing process
73	Stress	When stress seems to be at the root
78	Tired Feet	Use for any illness; good to help complete healing
82	Worrying	Digestive issues; when worrying seems to be at the root

### Energy Circle Colors Usage

Color	Uses
Yellow	Always good for healing
Violet	Helps clear negative energies
Pink	Adds love and forgiveness
Blue	Relaxes, calms tensions
Red (caution Red may increase anger & irritation)	Good in emergencies for rapid healing

2. Select Vibrational Balancing Combination(s) and/or cards you wish to charge the printed VBI/EC with to transmit/broadcast/copy with the Vibrational Balancing program.
3. Place the printed VBI/EC to be charged with the Combination facing the computer screen, so as the Combination is run the images on the computer screen are "shown" to the printed image. (You can tape the paper with the image to the monitor, aligning it so that the image on the screen and the image on the paper at least partially align).
4. Run "Charge Sample" to charge the VBI/EC.
5. Repeat Steps 2 through 4 with Sanjeevini Combinations as desired. (Order of charge is not important. Sanjeevini can be charged first, if desired, or you can charge with just VBI or just Sanjeevini.)
6. Once charge(s) is complete, remove printed EC/VBI from computer screen and add name of recipient for the remote healing (name can be inserted before charge instead, either way is fine).
7. Set the EC/VBI in a safe place and allow it to broadcast (set it and forget it).
8. One can also charge drinking water with the Combination: Simply set a glass of water on the charged image for a minimum of 30 seconds (eliminates need for replicate/transmit and/or copy/broadcast card).