

## Using Passive Modifications, Remediation and Soothing For Dental Problems

These pages contain additional information specific to addressing dental problems the Passive Modifications, Remediation and Soothing file linked to the Emotional Freedom vial.

Learn more about the Emotional Freedom vial at: <http://www.about.ehdef.com>

More detailed instructions for running the Passive Modifications, Remediation and Soothing file linked to the Emotional Freedom vial available at: <http://www.pm.ehdef.com/>

The following information includes descriptions from <http://www.drluc.com/Remedies.htm> compiled by Rhoda Reporter and edited by Kat Miller.

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### Fear of Dentist

The fearful patient is most likely a fearful person in general. What better way to support him than with homeopathy. Gelsemium is the number one remedy for fear of the dentist. A dose taken the morning of the procedure is sufficient to turn the dentist into a friend rather than the invader with the painful tools. Children especially (or adults acting like children) become calm and mellow, their relaxed state contributing to easy, gentle work for the dentist.

For fear of dentist say:

"*Passive Modifications*" "*Gelsemium*"

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### Dental Pain

Once an infection arises, it is too late to self-medicate to cure the infection; you will need to see your dentist for the abscess. But homeopathy can certainly help with the pain. To find the right remedy, we need the sensation ("it feels like ...") and the associated symptoms. For instance, Chamomilla is an excellent remedy for the oversensitive patient who fears pain in general and faints or screams at the thought of pain; it is especially good for children and nervous patients. The pain is pulsating, jerking or drawing and feels worse from cold, from a draft, from drinking coffee or other hot drinks, from chewing, from pressure, and from the warmth of the bed or the room. Mercurius solubilis or Mercurius vivus is good for drawing, pressing, tearing pain, worse at night, from cold air, in bed, from damp weather, and during eating. It goes with involuntary flow of saliva and swelling of the face, abscess of the roots of the teeth, and nasal discharge. Many restless nights and vacation days have been saved by the timely application of the above remedies.

For dental pain described above say:

"*Passive Modifications*" "*Chamomilla*"

"*Passive Modifications*" "*Mercurius solubilis*"

"*Passive Modifications*" "*Mercurius vivus*"

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### **Post Surgical Dental Pain**

After your dentist places a filling, it is not uncommon to have a period of great sensitivity and discomfort. Fortunately homeopathy can help the pulpal tissue return to normal health. For pain in the teeth after a filling, by far the most popular remedy is Arnica. The pain has a sensation of pulling in the teeth while eating, is worse from chewing, and a typical bruised, sore feeling, worse from being touched. Another valuable remedy is Hypericum, which has a typical drawing, electrical, tearing nerve pain, worse at night and when the person moves. Nux vomica is another valuable remedy with pain worse at night, especially around 3-4 a.m., from drinking cold drinks, and after eating. A homeopathic dentist can help make the choice for you, or you can routinely take Arnica after a tooth filling to save a lot of trouble.

For pain after seeing dentist as described above say:

"Passive Modifications" "*Arnica*"

"Passive Modifications" "*Hypericum*"

"Passive Modifications" "*Nux vomica*"

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### **Speed Dental Post Surgical Healing**

A dentist skilled in homeopathy will amaze you with the results he obtains. The patient himself should always take a dose of Calendula ahead of time when extensive surgery is needed or if the patient is a slow healer. Dentists may actually see the wounds granulating (starting to heal) right before their eyes when they pretreat with Calendula.

Before dental surgery, to prepare the body for healing say:

"Passive Modifications" "*Calendula*"

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### **Dental Post Surgical Bleeding**

Phosphorus is ideal to prevent bleeding, especially in patients who tend to be easy bleeders. Both Calendula and Phosphorus can be taken after the surgery too. Your homeopathic dentist will help you with bleeding problems, TMJ, abscesses (prevention and cure), premature tooth decay, slow dentition, etc.

To decrease bleeding after surgery say:

"Passive Modifications" "*Phosphorus*"

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### **Slow Teething**

At age 12 many children have all their adult dentition (except for their third molar or wisdom teeth). However, the dentist sees many children who at age 14 or 15 have still not exfoliated all their primary or milk teeth. These children predictably had a delayed puberty and growth patterns and as babies were slow to walk and talk. Most of them belong to the homeopathic constitutional type Calcarea carbonicum (calcium carbonate or chalk, made from oyster shells). About half the babies born in the United States belong to this remedy type: they are chubby babies with a high birthweight and large heads. As children they crave ice cream, soft boiled eggs, milk, candy and pizza but feel poorly afterwards. They easily get out of breath especially going upstairs, tend to sweat profusely around the head and neck, and are often constipated, producing a copious bowel movement once every several days. Does this sound familiar for many of our children?

For the slow teething child described above say:

"Passive Modifications" "*Calcarea carbonicum*"